

HEXALONN PRESENTS

THE HIGH VALUE PROFILE MAKEOVER

Transform Your Online Presence
To Attract Top-Tier Men

THE HIGH VALUE PROFILE MAKEOVER

HEXALONN Relationship Strategy



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Written by Hexalonn

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Follow us on X (Twitter): @persondoex

Email: Hexalonnstudio@gmail.com

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INTRODUCTION

Your Profile Is Your First Impression

Before a man even speaks to you, he has already judged you. Not by your face. Not by your body. By your profile.

Your WhatsApp status. Your Instagram grid. Your bio. Your profile picture. These things tell a man everything he needs to know about how to treat you. If your profile looks cheap, he will treat you cheap. If your profile looks high value, he will approach you with respect and intention.

This guide will transform your online presence from 'just another girl' to 'who is this woman?' in 48 hours. Everything here is practical. No theory. No fluff. Just do exactly what I tell you.

A high value profile does not lie about who you are. It showcases the best version of who you already are.

CHAPTER 1

Your Instagram Overhaul

Your Bio

Your Instagram bio should not read like a CV or a motivational quote board. It should communicate three things: what you do (or what you are about), your personality, and one element of intrigue.

Bad bio examples:

"God's favorite daughter | Living my best life | Faith over fear | DM for collabs"

This bio says nothing. Every second person on Instagram has something similar. There is zero personality and zero intrigue.

Good bio examples:

"Creative director | Lagos to London | I overthink restaurant menus"

"Building something | Allergic to small talk | Will judge your playlist"

Notice the difference. These bios have personality. They make someone want to know more. The small detail at the end (restaurant menus, playlists) gives a man an easy conversation starter.

Your Grid

Your Instagram grid is your digital billboard. When a man clicks your profile, he should see a curated, intentional feed. Not random screenshots, blurry photos, and reposted memes.

The 3-3-3 Grid Formula:

For every 9 posts, aim for: 3 high quality photos of you (different outfits, locations, vibes), 3 lifestyle shots (food, travel, events, your workspace, something you enjoy), and 3 personality posts (a thought, a carousel with insight, a reel of you doing something interesting).

This mix makes you look well rounded. You are attractive, you have a life, and you have depth. That combination is irresistible.

Your Stories

Stories are where men actually decide if they want to pursue you. Your grid is the showroom. Your stories are the test drive.

Post stories that show:

Your daily life (but curated, not every meal and random ceiling selfie). Places you visit. Things that make you laugh. Opinions that show you think. Moments where you look good without trying too hard.

Never post:

Complaints about men. Relationship quotes that scream 'I am hurt.' Screenshots of conversations. Crying selfies. Rants about people. These repel quality men instantly.

Your Instagram story is a 24 hour audition. Make every frame count.

CHAPTER 2

Your WhatsApp Transformation

In Nigeria, WhatsApp is where relationships actually happen. A man might discover you on Instagram, but he will study you on WhatsApp. Your status updates, your profile photo, your about section. He is watching everything.

Your Profile Photo

Use a clear, well lit photo of your face. Smiling or neutral. No group photos. No cartoon avatars. No photos from 2019. This should be a recent, attractive photo that looks natural, not forced.

Get a friend to take it in natural light. Near a window works perfectly. Wear something simple that suits you. Light makeup. The goal is 'effortlessly beautiful,' not 'photoshoot.'

Your About Section

Most people leave the default 'Hey there! I am using WhatsApp.' This is a wasted opportunity.

Good examples:

"Collecting moments, not things."

"Living proof that good things take time."

"My aura does the heavy lifting."

Something short that communicates confidence and personality. Avoid anything that sounds bitter, desperate, or preachy.

Your Status Updates

This is where most Nigerian women unknowingly destroy their image. Here is the rule: post your WhatsApp status like a wealthy man you have never met is watching. Because he might be.

Status ideas that attract:

Photos of you at nice locations (even if it is just a clean restaurant or a friend's nice apartment). Short videos of experiences. Quick thoughts that show intelligence or humor. Outfit of the day with good lighting.

Status updates to avoid:

'Men are scum' type posts. Screenshots of arguments. Excessive religious posts with no personality behind them. Reposted TikToks every 30 minutes. Blurry photos. Status updates about being broke, tired, or frustrated with life.

A man scrolling through your status should think 'this girl has her life together' not 'this girl has wahala.'

CHAPTER 3

The Photo Strategy — How to Look Expensive in Pictures

You do not need a professional photographer. You do not need expensive locations. You need to understand lighting, angles, and background.

Lighting

Natural light is your best friend. Stand near a window. Go outside during golden hour (the hour before sunset). Face the light source, do not stand with your back to it. Good lighting can make a ■5,000 outfit look like ■50,000.

Background

Your background communicates your lifestyle. A messy bedroom says one thing. A clean, well decorated space says another. If your room is not photogenic, go somewhere that is. A hotel lobby. A nice cafe. A friend's apartment. The background tells the story.

The Photos You Need

Take one afternoon to shoot 15 to 20 photos in 3 different outfits at 2 different locations. That gives you enough content for weeks. Mix close ups, mid shots, and full body shots. Some smiling, some serious. Some looking at the camera, some looking away.

You now have a photo bank. Use these across Instagram, WhatsApp, and any other platform. When your photos are consistent and high quality, men assume your whole life is that polished.

Editing

Use Lightroom presets for color consistency. Do not over edit. Do not use heavy filters. Do not smooth your skin until you look like a cartoon. Men can tell. Subtle editing that enhances what is already there is the goal. Think 'enhanced,' not 'transformed.'

You are not faking a lifestyle. You are presenting yourself at your best. There is a difference.

CHAPTER 4

The 48 Hour Profile Reset

Here is your exact action plan. Do everything in this chapter within the next 48 hours and your online presence will look completely different.

Day 1 (2 to 3 hours)

Hour 1: The Cleanup

Go through your Instagram and archive (not delete) any posts that do not match the image you want to project. Blurry photos, old posts with exes, low quality content, screenshots, memes. Archive all of it. Update your bio using the formula from Chapter 1.

Hour 2: The Photo Session

Pick 2 locations. Bring 3 outfits. Use natural light. Take 15 to 20 photos. Use a timer or ask a friend to help. This is your content bank for the next month.

Hour 3: WhatsApp Reset

Change your profile photo to one of the new shots. Update your About section. Delete any negative status updates currently on your profile. Post 2 to 3 new status updates that reflect the image you want.

Day 2 (1 to 2 hours)

Edit and Post

Edit your best 6 to 9 photos from yesterday. Post 3 to your Instagram grid (following the 3-3-3 formula). Save the rest for future posts and stories. Post 2 to your WhatsApp status.

Set the Routine

Going forward: post on Instagram 2 to 3 times per week. Update WhatsApp status daily with curated content. Schedule one photo session per month to refresh your content bank.

That is it. 48 hours. Your entire digital presence goes from average to magnetic. And the men in your phone will notice. Trust me.

When your profile looks like money, men start treating you like treasure.

WANT THE FULL SYSTEM?

This bonus guide is just one piece of the puzzle. The complete system is inside **How to Attract Rich and Generous Men** — the main guide that has already changed hundreds of lives.

11 chapters. Real strategy. No fluff. Everything from where wealthy men actually are, to how to make them chase you, to keeping them forever.

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